

## Determined to find a cure

Student battles aches, pains and blisters to complete the walk to end breast cancer.

**Feature 9**

# SPOKE

A learning newsroom for journalism students

Monday, September 26, 2005

Conestoga College, Kitchener, Ont.

[www.conestogac.on.ca/spoke](http://www.conestogac.on.ca/spoke)

37th Year — No. 17

**News 2**

## College boasts new technology

With 400 new computers in the labs, old computers are recycled.

**News 3**

# Construction begins on student centre

By JANET MORRIS

Construction plans are scheduled to begin in early October on the new student centre. It will be built in the B-wing hallway between Door 3 and Door 4.

The concrete and steel, footings and foundation will be the first pieces of work completed.

Site work will start with construction at the back of the school and move towards the front.

Justin Falconer, Conestoga Students Inc. (CSI) president, said the walls and roof will be built first before winter to reduce the costs of building the exterior in snowy conditions.

"After winter hits, we can work on the inside, because then we won't have to pay for the heating costs of doing things like bricking outside," he said.

Judy Dusick, CSI general manager and student centre project manager, said they hope the majority of the disruption to students will happen in late April or the summer months of 2006.

"There are people who currently have offices in there and we hope not to disrupt those folks too much."

Interior construction on the B-wing corridor is scheduled for May 2006.

CSI is completing the project using a bid process. As each piece of work needs to be completed they will take in several offers and accept the best offer submitted.

Dusick said instead of contract-

ing the whole job out to a general contractor and putting them in charge of getting the sub-trades, CSI will do that themselves.

"It will allow bigger control over when people can work and when they won't," she said. "So, if there is some pounding through of a wall to be done we can ask the sub-trade to come in on a Friday night to minimize the disruption to students and still get the job done on time."

**"If we have any sort of delays or bad weather it could push back the deadline (of the centre opening.)"**

*Justin Falconer,  
CSI president*

The centre is set to open in the fall of 2006, however, Falconer said a lot of the project is weather driven.

"If we have a late winter then it sucks for getting started again in the spring. If we have an early winter then it raises the cost of heating and stuff on the outside because we can't get the building enclosed," he said.

Falconer said he knows it will be easier for everyone involved if the centre is open before school starts, in September 2006.

"In all honesty, if we have any sort of delays or bad weather it

could push back the deadline," he said.

Dusick said the centre will not be as large as originally planned as there were some floor space problems.

"Things cost a lot more to build than one might think," she said.

Instead of the centre being three storeys, the project has been reduced to two floors.

This does not mean that the services provided will be reduced.

Co-op and career services, which had been scheduled to be housed on the third floor, will now be located where disability services is currently located just down the hall from the new student centre.

The centre will see services for students centrally located to enhance student life and success.

The services that students need most will be a priority when it comes to determining who gets space in the new centre.

Services that could move include financial aid, peer services, health services, career services, CSI offices and the self-serve area.

New services will include a student lounge, retail area, a bistro and nightclub as well as an entertainment centre for movies and performers.

To fund the new building students are paying an extra \$60 per year for the next 10 years on top of the existing \$90 student association fee and \$40 CSI capital development fee.

The new fee came into effect on student tuition bills this fall.



(Photo by Jon Yanoff)

## Heading toward success

A member of Conestoga's men's soccer team heads the ball during a practice Sept. 12. See Page 15 for story and photos.

# CSI walks the walk for Terry Fox

By BRANDON WALKER

Maybe it was the rain. Maybe it was the lack of knowledge about the event or the late concert the night before. Whatever the reason, no students, besides Terry Fox organizers, showed up for Conestoga College's first ever walk. Sept. 16.

Dolly Phan, one of Conestoga Students Inc.'s (CSI) directors, and Hillary Greb, a self-serve supervisor for CSI, walked the perimeter of Conestoga and around campus collecting donations for the Terry Fox Foundation from students and staff. Barb Kraler, the co-ordinator of student services, also walked most of the perimeter.

Conestoga raised \$580 in donations from the walk and from the dunk tank at the Pond Party, Sept. 8. A dollar from every pasta lunch bought at Chartwells the day of the walk and donations made at the self-serve area in the CSI office also went to the foundation.

This year marks the 25th anniversary of Fox's Marathon of Hope when he ran 5,373 kilometres in 143 days on one leg, after

he lost his right leg to cancer. He planned on running a marathon a day until he had crossed Canada but had to stop after the cancer spread to his lungs. Fox died June 28, 1981, at the age of 22. More than \$360 million has been raised for cancer research since his death.

Conestoga was one of four post-secondary schools in Ontario holding the event this year. The other schools, listed on the foundation's website at [www.terryfoxrun.org](http://www.terryfoxrun.org), were the University of Toronto, McMaster and York.

Greb said she was disappointed students didn't show up for the walk. "It would've been better if we could've gotten (awareness about the walk) out there a little more. It was our first shot at it."

Phan said she felt there were a number of reasons as to why no students showed up. "The rain, the lack of awareness and class conflicts (prevented people from doing it) especially since it's in the middle of the afternoon."

The walk started at 11:30 a.m. at the recreation centre and finished at about 1 p.m.

**Continued on Page 2**



(Photo by Janet Morris)

Groundskeepers Barry Gurski (left) and Cory Mather, from physical resources, clear the bricks from the patio behind the B-wing in preparation for the construction of the new student centre. The bricks will be reused in other projects around the Doon campus.

## News

## Now deep thoughts ...with Conestoga College

*Random questions answered by random students*

### What was the worst movie you saw over the summer?



"The Villain in the Village would have been scarier if it was Daffy Duck."

*Arthur Krawzyk, second-year management studies*

"I hated Team America. I walked out of the theatre because the comedy was just stupid. It didn't make sense."

*Avery Morris, first-year public relations*



"I Heart Huckabees just didn't make any sense."

*Ryan Park, civil engineering*



"Deuce Bigolo 2 wasn't funny at all. I didn't laugh once and wanted to leave halfway through the thing."

*Dianne Garcia, nursing*



"Madagascar was just childish. I saw it because a bunch of girls were going and I was trying to work it."

*Nick Trojanowski, third-year management studies*



"I hated Sin City. It sucked! It was so confusing and hard to follow the way it flipped from story to story."

*Ashley Smith, first-year public relations*



"Taxi was not funny and the idea of a police officer who doesn't know how to drive and needs a taxi to drive him around is ridiculous"

*Mike Free, second-year management studies*



*Smile Conestoga, you could be our next respondent!*

## Are you ready to Walk Safe?

By STEPH BAULK

If you are a student, faculty member or staff member at Conestoga and have been stuck at school late at night, you may not have wanted to walk to your car in the dark by yourself.

The Walk Safe program provides all members of the college with escorts, who will walk with you to your vehicle, the Conestoga College Residence and Conference Centre and even houses across from the college, said Shannon Carey, supervisor of the Walk Safe program.

The escorts, who are specially trained students, also do regular patrols of the campus and immediate surrounding areas.

Staff members of the program are

on duty from 6:45 to 10:45 p.m., so they are available to also assist continuing education students find their classes or the proper parking lot.

Carey said more people use Walk Safe for information, but they do escort a couple of people home each night.

"On average they'll do one or two escorts a night, depending on how many people from residence there are here, because they seem to use Walk Safe more often," she said.

Currently, safety and security services is looking for students, especially females, to work for the Walk Safe program.

Carey said a lot more males apply for the position than females.

"We always have a male and female paired up, at least we try to,

so I like to have a balance of six guys and six girls if at all possible," she said.

In order to apply for the position, you must be a full-time student and have valid first-aid and CPR training.

The position pays \$7.45 an hour, plus vacation pay, and the hours are Monday to Thursday, 6:45 to 10:45 p.m.

John Tribe, security representative, said he thinks the Walk Safe program is beneficial to a number of students.

"The program has always been a viable program and it provides a sense of security to people who may not feel secure about walking to the parking lot at night," he said. "That's the prime objective of the program."



(Photo by Adam Black)

### Caffeine craze

Students wait patiently in line at Tim Hortons for their morning coffee. Top sellers include the chocolate dipped doughnut, sesame seed and everything bagels and double-double coffee.

## Rez hires new R.A. team

By AMANDA KAHGEE

Conestoga College Residence and Conference Centre has six new residence advisers (R.A.s) this year.

Caitlin, Andrew, Stephanie, Mike, Devon and Diane all went through a careful selection process to become this year's R.A. team.

"There aren't any real requirements where you have to have this or that to be an R.A.," said Conestoga residence general manager John Kobylnik. "It's more personality and motivation that we're looking for."

Near the end of the year the residence puts up postings for R.A. positions and those who are interested can attend an information session, which informs them about the duties required of an R.A.

From there the applicants have an interview with a member of the college, usually the student life coordinator and a person from Campus Living Centres, which is the company that owns the chain of residence and conference centres.

The interview process consists of

role playing where the applicants are given scenarios that they may encounter in their duties as an R.A.

The residence selects applicants who are enthusiastic about living in residence, are interested in running residence activities and can work in a team environment.

Those who are chosen attend a week long R.A. conference, which was held at the Durham conference centre this year, to complete their training for the job.

"To be honest, when the week was over, a lot of people said it was the best week of their life," said Kobylnik.

Residence advisers are required to do rounds of the building at night, run residence events, be available for the students on their designated floor and counsel residents through roommate conflicts.

This year the focus for the R.A. team is to make residence life fun with a variety of programs and activities. A goal for the team is to get attendance up at events.

Some events planned for this month included an island party bash

to kick off this year at residence, sundae Sundays for those with a sweet tooth, cooking lessons for the cooking impaired and a slumber party.

There are more advantages to being an R.A. than just being part of fun events. Being an R.A. is a good experience to add to a resume and a great way to meet new people.

However, being an R.A. also means responsibilities, including reporting residents or guests who like to break the rules.

"They're not actually giving out fines," said Kobylnik. "The fines actually come from the office staff."

The residence has no tolerance for those breaking rules.

"It's just basically clamping down on things at the beginning of the year and just not putting up with stuff from guests," he says.

Rule breakers should be aware that what they do in residence may very well affect them at the college.

Depending on the severity of an incident there can be academic penalties from the dean of the program the students is in, and perhaps even expulsion.

## Turnout for Terry Fox Run less than expected

Continued from Page 1

Janie Renwick, the CSI office manager, said they spent a couple of days planning the event. She said she felt the weather was the reason for the lack of turnout.

"That's exactly what the reason was and (because of) the Thornley

concert the night before, there wasn't a lot of students in here on Friday."

Renwick said she hopes the Terry Fox walk will be a yearly event at Conestoga.

CSI held a draw for students and faculty who had the pasta lunch.

The draw gave students the chance to win either a gift pack, donated by Chartwells, or Leafs tickets.

Adriana Gardeazabal, a student, won the Leafs tickets and Keith Calow, a business-law professor, won the gift pack.

# K-W prepares for 10-digit dialing

By JON YANEFF

Ten-digit dialing and a new area code are making their way into southwestern Ontario residents' telephones.

As of June 17, 2006 businesses and consumers will have to dial the 519 area code followed by the seven-digit phone number for all local calls. As of Oct. 14, 2006 a new area code of 226 will be introduced, which will coexist with area code 519 and cover the same area.

The Canadian Radio-television and Telecommunications Commission (CRTC) first approved these two steps as part of a relief plan to deal with the dwindling supply of telephone numbers in the 519 area code region.

CRTC media relations officer Cindy Ventura said the relief plan will increase the quantity of telephone numbers in the region and reduce the waste of numbers. The relief plan was developed after a process of consultation with both the industry and consumers.

"Every area is unique and the relief planning committee takes the best approach for the area where the area code is exhausting," said Ventura. "The plan calls for 10-digit dialing to be phased in over a four-month period before the new area code is introduced."



Adam Stiles, a second-year police foundations student, prepares for the inevitable switch to 10-digit dialing.

The relief plan will affect a large number of communities and more than a dozen cities in southwestern Ontario, including Kitchener-Waterloo, Guelph, London and Windsor.

Stacey Masson, project manager of corporate communications at Telus Mobility, said existing phone numbers and area codes will remain the same.

"When new area codes are introduced in October, they will be subscribed to new telephone, wireless and other subscribers," said Masson.

Ten-digit dialing was first introduced in Ontario in 2000 to regions served by the 416 and 905 area codes including the Greater Toronto Area and Hamilton.

Other regions that will be affected throughout Ontario and Canada include area code 450 in Montreal's surrounding regions, 514 in the island of Montreal, 613 in eastern Ontario and 819 in northern, central and western Quebec. There will also be a new area code of 438 connected in Quebec's 514 region.

## Einstein theories are still relative

By MELISSA HANCOCK

If  $e=mc^2$  and the square root of nothing can never be something, then why do certain people constantly attempt to defy all odds and break all the rules?

Scientists are the people who have made it possible to flick a switch on a wall to illuminate a gloomy room.

Scientists are the ones who can explain why people on the other side of the world would not seem to be standing upside down if we peered through the Earth's core because despite the North Pole and South Pole being considered the top and bottom of the planet, it is still suspended in a vast space. And who can say where the universe ends and where it begins?

Beginning on Sept. 30 and running to Oct. 23, people from all over will gather at the 100th annual EinsteinFest the Perimeter Institute, located at 31 Caroline St. N. in Waterloo.

The Perimeter Institute, which is a facility dedicated to the research and development of extending theories of space, time and matter, will be host to the three-week festival where members of the public, young or old, will be able to enjoy a variety of displays, interactive activities, artwork, music

and lectures.

Each of the daily and evening events are intended to celebrate the 100th year since Albert Einstein's annus mirabilis – miracle year. It was in 1905 when he published several papers that led physics into a new era.

Paul Moser, director of communications, said he guesses about 30,000 people will attend the EinsteinFest over the three weeks.

He said the Perimeter Institute is going to "re-create the times" when Einstein lived.

Lectures about religion and politics will be given and Einstein's love for the violin will be displayed through live performances as well.

"He really wasn't just a scientist," Moser said. "I've learned a lot about (him) and have been immersed in his life."

For those not interested in classical music, there will also be jazz performers and a family concert, called Einstein Rocks, that will rock the Institute at the beginning of the second week.

Moser said the scientist made such an impact on the world that people are still arguing about his theories to this day.

"It's an exciting time," he said. "Think about the BlackBerry and theories about time. The global positioning theory is directly

based on Einstein's theories."

The festival is free, except for some concerts, lectures and other musical performances.

However, organizers encourage everyone to reserve tickets online or by phone to ensure entrance.

A listing of all events can be found, along with location information, at [www.perimeterinstitute.ca](http://www.perimeterinstitute.ca). Or call 519-883-4480.



(Internet photo)  
Einstein shows his playful side in this photo, taken in 1933.

## Alumni Association just keeps on giving

By TODD RELLINGER

Is there anything the Conestoga College Alumni Association won't do?

Whether it means donating money to scholarships, bursaries and college events, having their annual golf tournament to raise funds or helping first-year students with their tuition, the alumni staff and volunteers are always busy.

"We are separate from the college, all 12 board members are volunteers," said Monica Himmelman, the alumni relations and annual fund officer.

What used to be an informal fundraising group of faculty members giving gifts of kindness to the school, has turned into the Alumni Association that the college has today.

The association was approached earlier this year to donate a \$3,000 mannequin to the law and security administra-

tion, police foundations and pre-service firefighter and paramedics programs. The mannequin, whose nickname is Randy, was long overdue for replacement.

"We had to go through all the right avenues, but we finally got (another) Randy," said Himmelman.

The Alumni Association now has its sights set on the first Conestoga Alumni Athletic Golf tournament on Sept. 25 at Beaverdale Golf Club. All proceeds from this event will go to the varsity scholarship fund.

The association is also helping children of past graduates as well. "It's called the Welcome Home Award," said Himmelman. "The award is only for students in their first year."

To be eligible for the award you must be enrolled in a diploma or certificate program and one parent must be an alumnus of Conestoga.

## College receives 400 new computers

By TIM GEDCKE

Almost every computer lab at Conestoga College has something different about it this year.

John Gilmour, lead hand of the hardware area, said approximately 400 new computers were hooked up at the Doon campus over the summer.

"The 400 computers which were brought in caused a domino effect of other computers moving within the college with as many as 1,300 computers being moved," said Gilmour, who, along with 13 student employees and two other full-time staff, made the changes throughout the college.

Every summer, when Conestoga upgrades its equipment, the new computers brought in go to the high-end labs which need more power to run. The computers from those labs go into lower-end labs, said Gilmour.

"2A201 is a high-end lab," he said. "So we put new P4-3.0 GHz computers in there and took the 2.8 GHz computers from that lab and put them into 2A304 because that's enough power to run that particular lab."

Gilmour said in addition to deciding where the new computers should go, many other things have to be decided too.

"There's networking gear," he said. "(We) have to keep that up to standard. All the servers have to be kept up to standard and there is lab layouts and furniture that has to be kept up to standard."

Ernie Falkiner, director of information technology services, said his group facilitates putting the equipment in the labs, but the real deci-

sions are made by a wider group.

"Everybody has their own little areas that they look after," said Falkiner. "There are academic committees that will go through and (prioritize)."

Falkiner also deals with the budget that funds the new computers.

"We always come up with more things that we want to do or need to do than we have money for, so then we have to go through and prioritize what is going to get cut," he said. "Some of the things will get cut, but eventually they have to go back in."

Falkiner said a lot of what his department does is based on what the students need and they try to increase, or improve upon, services that they have.

"We always need more money, there's always more to do," he said.

With 400 new computers, some computers are not needed in computer labs anymore.

"The ones that the students can't use anymore go to faculty, support staff and administration," said Gilmour.

The college pays money to have old computers recycled so they are not harmful to the environment, Gilmour said. "We ship them off to professional recycling people."

New monitors were also bought for many areas of the school. Much of the lower C-wing computers have new LCD screens this year.

"There are two classes of monitors, the LCD and the CRT (cathode-ray tube)," he said. "When (the CRT monitors) burn out, they are no longer any good. We end up sending them to recycling and they recycle the chassis and then they deal with the tube part so it's environmentally safe."

# Commentary

## Sharia interferes with Canadian values

Premier Dalton McGuinty took a step in the right direction when he recently outlawed Sharia, a set of principles Muslims follow based on the teachings of the Qur'an and the Sunnah. McGuinty's decision was in favour of all Canadians alike, forbidding religious tribunals to take precedence over traditional Canadian law in civil court matters.

Faith-based arbitration was first allowed in Ontario in 1991 to help various faiths settle family issues outside the courts. However, the values of those faiths were still in sync with the Canadian Charter of Rights and Freedoms, which is something opponents of Shariah argue will not be the case this time around.

In 2004 the Islamic Institute of Civil Justice wanted to create faith-based panels under the Arbitration Act, which is when Shariah was met with dispute head-on from Canadians. Opponents argue that Shariah law does not view women as being equal to men, which has been the cause of most concern.

Various groups such as The Canadian Council of Muslim Women and The National Association of Women and the Law have pointed out that under Shariah, women get the short end of the stick in family issues.

In divorce, though difficult to file for, women can only inherit half as much as men. If they choose to remarry they could lose custody of their children, and men are entitled to more inheritance than their sisters or wives. Sharia also permits polygamy, and allows for girls to get married at a younger age than Ontarian secular law.

Muslim women may easily feel religious, cultural and social pressure to take part in this binding agreement because it continues to brainwash them into believing the double standard is OK. So in that case, how will these women learn to be self-sustainable if and when they are granted a divorce?

The Canadian-Islamic Congress, based in Toronto, has said Shariah provides a cheaper and faster solution to family court matters. However, opponents say it provides a loophole for sexism and discrimination.

There is no formal process that certifies someone as being qualified to interpret Islamic law, so the men who are making the decisions using Shariah have no qualifications. They do not answer to anyone, and it is also difficult to challenge findings that are based on religion because there is no formal system to do so. Therefore, who is to say that women are protected?

Besides, Muslims would still be answering to Canada. A small group in Toronto created a Shariah arbitration court where they can make their own judgments on civil matters, but they would still need to send their findings to an Ontario judge for approval. Is that not admitting that the Canadian legal system is a better judge of law?

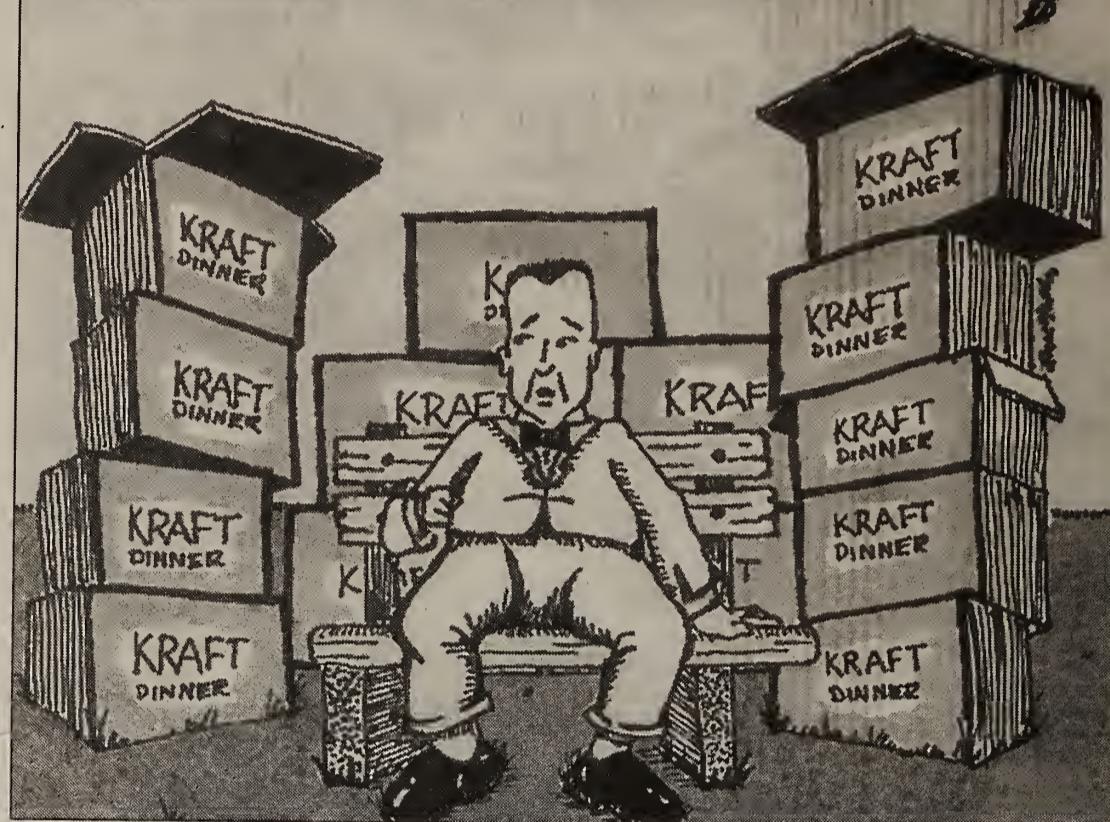
Shariah has been used in various countries around the world, where the consequences of social misdemeanour have been detrimental for women. In Afghanistan they were forced to cover their entire bodies. In Nigeria, women are stoned to death for committing adultery. These are extreme circumstances, but as CBC's Natasha Fatah said in her column One law for all in April 2004, that's the reality.

These are the types of places where Sharia has not only thrived for the last 1,400 years, but places that are also socially behind the rest of the world. Sharia does not belong here.

Bravo to McGuinty for hopping on board and showing each Canadian that faiths will not interfere with the fundamental principles of this country or the freedoms each citizen is granted.

As a society that has deep roots in equality, Canadians have a social responsibility to everyone under this cultural canopy to promote it. Shariah, contrary to its meaning of "a path to the watering hole," is not going to lead to such replenishment in this country any time soon.

## STUDENT LIFE IS LIKE A BOX OF...



**Breakfast, lunch and dinner of champions - student poverty**

## Are we (politically) correct yet?

Being politically correct in today's world is as hard as getting a pro-Bush rally going at the Air Canada Centre.

Firemen, policemen, mailmen and garbagemen are all a thing of the past, replaced by firefighters, police officers, postal workers and sanitation officials.

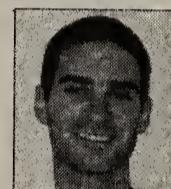
People no longer have learning disabilities, they have special needs. Nobody is handicapped, they are mentally challenged and the elderly are now senior citizens. You can no longer wish someone a Merry Christmas either, it's Happy Holidays.

I find it funny how self-conscious political correctness has made our society. It's getting harder and harder just to hang out with a group of people because you don't know who you might offend.

This is why I have taken the time to look up alternatives to many commonly used words, just to make your day a little easier.

Being lazy isn't a bad thing, it's just being motivationally challenged.

Nobody likes to be called rude,



**Mike Bors**

*Opinion*

so why not go with tact avoider.

There's no such thing as being ugly, it's cosmetically different.

No one is short or fat; they are simply vertically and horizontally challenged. Body odour is now a nondiscretionary fragrance.

If somebody calls you clumsy, look them in the eye and tell them you're uniquely co-ordinated.

Never be wrong again, just be differently logical. Don't worry if you fail, be proud that you were able to achieve a deficiency.

You're not crazy, you're just emotionally different.

Ignorance can now be seen as a good thing as it means you have alternative wisdom.

Avoiding sexist words and terms can also be challenging. However, the following should help:

The chairman of a company can now be referred to as the chairper-

son. Barmaids can breath easy, as they are now bar attendants. A bellboy should be known as a bellchild. Housewives are a thing of the past, replaced by homemakers.

Mankind is no longer acceptable, instead we simply add the letters 'h' and 'u' to end up with humankind (a term which I wouldn't be surprised to find obsolete by the time this paper hits the press).

Women are no longer women, they are now womyn or wimin.

Speaking of changing spellings of words, how much longer will it be before a petition goes around asking to change the word human to huwoman or humyn?

The hurricane versus himicane debate could wage forever as they are both insulting towards the genders.

Sticking with the double insult, how about changing the non-politically correct menopause into the more appropriate femopause?

Hopefully we will never be so picky that we have to use non-words like himicane or femopause but, then again, whoever thought saying Merry Christmas would be a sin?



## Letters are welcome

**Spoke** welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published.

Letters should be no longer than 500 words.

**Spoke** reserves the right to edit any letter for publication.

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(Photo by Brent Gerhart)



(Photo by Vanessa Parker)

Keith McIntosh (above left), a second-year management studies student, does his best Christina Aguilera impression. Mike Lindsay, a second-year LASA student, flips through photos at the Imaginus poster sale, which was held in the Sanctuary on Sept. 19 and 20. The sales most popular posters always include Johnny Depp and Bob Marley, however, this year's hottest item is the Sex and the City poster.

## Making the college a better place

By JASON SONSER

Students and employees are invited to give their thoughts on how to improve the student experience at Conestoga College.

The office of student development is holding a number of focus groups to gather information from students to help them try to better student experience and overall student satisfaction at the college.

Carol Gregory, the director of student development at the college, said there is a real effort being made to hear what students have to say about their post-secondary experience and find out their suggestions for improvement.

"We are very aware that to work on developing the student experience, we also (need) to work on a welcoming and a receptive college culture," she said. "To do that, we want everybody to be engaged and involved and to play a part in it."

Leanne Holland Brown, student life co-ordinator, said the input received from the focus groups will directly influence future developments and initiatives at the college.

"In an effort to ensure that the student experience is as rewarding, fulfilling and successful as possible, we are interested in hearing from students, faculty and staff at the college," Holland Brown said.

She said focus groups are divided into three categories - first-year students, upper-year students and focus groups for staff and faculty.

"The questions that will be used as the basis for each focus group are similar and revolve around themes of student satisfaction and opportunities for improvement with respect to services, systems and student life at the college," she said.

Gregory said first-year students will have their own focus groups because they will be better able to tell how the college-starting experience has been for them.

"We're looking at from the time you enter the college and make that program selection to the time you graduate," she said. "(We're looking for) what services, processes or systems can be in place that would (not only) make this a place where you can be successful, but also a place where you are having a really good experience and not just passing through."

The focus groups for first-year students at the Doon campus will be held Oct. 4 and 5. Focus groups for second- and third-year students will be held between Oct. 6 and Oct. 20.

Students at the Waterloo campus will have a focus group on Oct. 26 and students at the Guelph campus will have one on Oct. 27.

Students at the Cambridge and Stratford campuses are not participating because of the small size of the campuses and the small number of students there.

"I don't foresee this, in any way, being a grump session or a critique session," said Gregory. "What we're looking for is what (we can) do better."

The employee focus groups are being held because, "Faculty and staff in service areas who work directly with students also have unique perspectives about what makes an exceptional student experience," she said. "We want them to be able to provide input on this."

The focus groups will be held from 11:30 a.m. to 12:30 p.m. or 12:30 to 1:30 p.m., depending on which day students sign up for.

Gregory said one thing she'd like to see from the focus groups is students getting the opportunity to start getting involved.

For specific days the focus groups will be held and instructions on how to register for the groups, visit the Connex website at <http://www.conestogac.on.ca/jsp/stserv/connex/index.html>.

## Wonderful wall art

### COUNSELLOR'S CORNER: Mature Students

Post-secondary education is a journey of exploration; one that stretches comfort zones and embraces diverse ways of thinking and doing. Returning to school after years of being out in the workplace or raising a family can be intimidating, exhilarating, challenging, and sometimes unsettling, and despite a wealth of life experience from work, home, or prior training, adults feel unsure of what is expected of them in the college environment.

Many mature students are apprehensive about returning to school and are concerned about how they will perform academically. Their challenges are different than those of younger students, including but not limited to: balancing parenthood and home life with school, and re-learning and re-developing study and research skills. It can take time to adjust and an important part of that adjustment includes developing competence in learning and study skills, a willingness to utilize resources, and an openness to learn from peers.

Here are a few observations about mature students that might ease some of the uncertainties about returning to learning:

- ⇒ **KNOW THAT MOST ADULTS FEEL APPREHENSIVE ABOUT RETURNING TO LEARNING.** The truth is, that most adults do very well if not better than they did before, and they actually enjoy it.
- ⇒ **THINK ABOUT WHY YOU ARE RETURNING.** Don't be surprised if you find reasons other than the ones you had anticipated to continue your learning.
- ⇒ **DO WHAT IS RIGHT FOR YOU.** There is no right way to do this. Think about what is important to you and how it will best fit your life circumstances and goals.
- ⇒ **MAKE YOUR WELL BEING A PRIORITY.** Don't compromise on the things that keep you physically, emotionally, and spiritually well. Make sure you build them into your schedule.
- ⇒ **DISCUSS YOUR PLANS.** Think about how others in your life might support you.

Mature students are also sometimes concerned about fitting in socially. The Student Services Office can help, either individually, or through the Mature Student Message Board by providing a place to meet and exchange ideas. For more information, contact the Student Services Office.

*A Message from Student Services*

Visit our website <http://www.conestogac.on.ca/jsp/stserv/index.jsp>

# Pay no interest on previous loans

By DENISE MULLER

If you already have a student loan and are a full-time student, but don't need another loan for this year, there's a form waiting for you in the OSAP office that will defer your interest payments for one year.

Paul Matresky, manager of financial aid and student awards, said generally a confirmation of interest free status (CIFS) is for a student who has previously had a student loan, but is, in this academic year, not taking a student loan.

"So, maybe two years ago they (the student) had a student loan, but this year they come back to school and say, 'I can pay for it myself, I don't need a student loan,'" he said.

"So, the student stops making interest payments and the government would, in fact, pick them (the payments) up."

Matresky said this is part of the whole OSAP package. Not only does the government give the student a loan, but it also takes the burden of interest payments off while the student is in school.

The National Student Loan Service Centre (NSLSC) is the agency responsible for distribution and collection of student loans across the country.

Every March or April, the agency sends out a notice to all students with a loan telling them when their loans are going to be due.

In that notice, there is a section

listing the different options the student has.

One of the options is to come to the OSAP office (located in the Student/Client Services Building) and fill out a CIFS form if you do not require a loan for this school year but are still a full-time student.

If the form is not filled out, the student must start making interest and/or principle payments on his or her loan by the end of November.

Although students have from April to November to fill out the form, the OSAP office cannot process the request until the student's program or course has officially started.

The OSAP office makes sure each student is registered at the college and has made a tuition payment or made arrangements for a payment, before the CIFS form can be processed.

"If a student, for example, left school at the end of April 2005, they technically don't have to start making payments on their loan until the end of November 2005," said Matresky. "So, as long as they fill out that form in between then, the government will go back and pay the interest for the entire period."

"Now, if they (the students) do it after that six-month period, then they would be responsible for any interest up until that point," he said.

Students must fill the form out every year if they do not require a

loan but are still enrolled as a full-time student at the college.

The academic year starts again on Aug. 1.

Matresky said NSLSC will probably send out another follow-up notice to all students with OSAP very shortly, reminding them of these options.

"We always advise students to check back with us or check with NSLSC towards the end of September to make sure that their record is processed correctly," he said.

Personal information, such as your name, address, student number and social insurance number, will be needed to complete the form.

## Fill out a survey and you may win a year of free tuition

By BRENT GERHART

First-year Conestoga students have until Sept. 30 to register for a chance to win free college tuition by entering the Pan-Canadian Study of College Students, The College Experience And First Year Outcomes.

This is the first national study of college students, the college experience and determinants of first-year college outcomes, by The Association of Canadian Community Colleges, which is sponsoring the prize.

Carol Gregory, director of stu-

dent development, said the new survey gives colleges the opportunity to view profiles of their students and their first experiences when entering college.

"Colleges are recognizing the need for understanding student population," said Gregory. "Focusing on the student experience will help the colleges better serve the students and help them be successful."

The results will remain confidential until a winning student has given permission for his or her name to be released. For final verification, student development will

be asked to compare the student number with the survey and confirm the status of eligibility.

Gregory said she is not sure when the results will be announced.

"I'm hoping after Sept. 30, when the survey is done, the (nationwide) prizes will be announced," she said. "Certainly, we will announce the college winners as well."

Students' odds of winning the prizes will depend on the number of students who complete the nationwide survey, however, Gregory said Conestoga students

have already shown plenty of interest.

Free tuition is not the only prize available. Registered Conestoga students are exclusively entered to win four cash prizes of \$250 each. Apple iPods, Sony PSP Players and HMV gift certificates are also being raffled nationwide.

Students will also be asked to fill out another questionnaire in November, where the same nationwide prizes will be available.

"The second questionnaire will get (colleges) to understand what the student experiences have been

like, what services have been found and what has been lacking," she said. "That will be real valuable information."

Gregory said she believes the survey will especially benefit the students.

"I think it's a win-win situation for students," she said. "They have a chance to win prizes and the most important thing is that we will understand who Canadian college students are."

To sign up, students must visit [www.wincollegetuition.com](http://www.wincollegetuition.com) and answer a survey about their own personal experiences.

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# Students help students online

By PAIGE HILTON

The creators of a website that allows college and university students to buy and sell used textbooks have taken the extra step to help students with their courses.

Booksforschool.ca, created two years ago by two students from York University and one from Ryerson, lets students from across Canada find other students in their program to network, buy and sell books or even get tutoring.

"The mentor feature is students that are older than you, so they can most likely help you with some of the courses you're in," said co-founder Michael Levine, who is in charge of web development and system administration at the site. "The protege feature is students that are younger than you. They are going to need the books you have or they might need some help. It just basically connects people together. It's a lot easier than just searching at your school, especially for frosh students. It's intimidating the first year of school so we try to help them out as best we can."

Levine said the first two years they had the website were used for market research to find out exactly what students wanted in a used textbook service.

"We decided that it would be easier if we let the website do all the work for the students. When you sign up, you fill out a form and you tell us a little bit about yourself. Your name, where you go to school, what year you're in, what program you're in. We find other users that match those similar qualities and we connect them," said Levine.

Students can add other students

to a buddy list, and use the bulletin board feature to advertise for tutoring or to give away a free book, Levine said.

Now their main goal is to expand the website and attract more members, he said.

In addition to Michael Levine, the two other students involved are Paul Levine, who is in control of website design, usability and promotions for the site, and Lawson Hennick, who has a background in marketing and is in charge of public relations. The three students run the website and Michael Levine said they wanted to put the power into the students' hands in terms of setting prices for their textbooks.

"We're all students and we understand what students are going through," he said.

Levine said the website will even send a notification e-mail to a member when they are searching for a particular textbook. All it takes is entering the ISBN number of the book and the system will scan it until the book is put up for sale.

The basic features on the site are free, Levine said, but extra features like adding a picture to a listing or having a sponsored listing, where an advertisement appears above all the rest, costs points. Each student gets 10 points when they sign up and an additional 10 for each person they refer to the website. If they want more, Levine said, they can purchase them. Prices range from \$6.25 for 25 points to \$20 for 100 points, which is the best value.

The benefit of a used textbook website that reaches across Canada, Levine said, is students have access to more textbooks for more programs than if they were searching only within their school.



(Photo by Paige Hilton)

David Saiz Perez, a 25-year-old bachelor of business studies student at Conestoga, said he spent about \$400 on books for a part-time course at Wilfrid Laurier University last year, and planned to spend at least \$500 on new textbooks at the Conestoga bookstore this year.

"We have students from over 144 schools registered on the website. There's a broad range all across Canada. One of the things that we've found is that if books aren't used anymore in a course in Ontario, they are used in other provinces," he said. "Your school may offer you \$10 for the book because it's not used anymore. Another school may use that book and you'll get (better) value."

Conestoga Students Inc. (CSI) offered a used book service until a few years ago directly out of the CSI office. However, the service became too much work for the CSI staff and there were problems with books being stolen, said CSI president Justin Falconer.

"The problem with that process

was it was incredibly cumbersome for us to facilitate. Once we had books go missing off the shelf, so we had to pay the student. If books weren't being recorded right when they were being sold, you'd type it in and search it and it would say it was in but you couldn't find it on the shelf because it was either stolen or it didn't get marked down when it sold," he said.

Instead, CSI decided to provide a link for students on their website to a used textbook website, books4exchange.com.

"(The website) is a preferred partner of the College Student Alliance (CSA). CSA essentially endorses the service as a legitimate website that runs well and works," said Falconer.

He said the benefit of using a website endorsed by CSA is students can rest assured the website is legitimate.

"If one school has a bad experience, the rest of them will just drop it. There's tremendous pressure on any of CSA's partners to continually address issues that arise and to be a good provider," said Falconer.

Books4exchange.com does not offer a networking aspect, but once students are connected on the website to make a purchase, it is up to them how the exchange is made, through the mail or in person, said Falconer.

One benefit of both sites remains the same. "There are more buyers in the web environment than there are physically at the school," he said.

## Plans to improve parking underway

By JON MOLSON

A security representative for Conestoga College says selling more parking passes will assist in reducing the competition for daily parking and help combat traffic congestion at the college.

John Tribe discussed the college's strategy for alleviating this year's high demand for parking spaces, during a recent interview.

"We will have determined how many more (parking passes) we can sell, so a lot of those people will go off the waiting list and a great number of the people on the waiting list will be utilizing the daily parking. It is all kind of intertwined, solve one problem and it probably assists with several others."

Tribe said changes to this year's parking system include an increase in parking rates.

"Last year an annual permit was \$240, this year it is \$275," he said. "Daily parking last year was \$4, while this year it has gone up to \$5."

College council sets the rates for parking. The proceeds are distributed towards maintenance and renovations.

Other changes include purchasing parking permits online, which was advertised through mailings from the registrar's office.

Perhaps the most frustrating change for students has been the transformation of Lot 11 into a pay-to-enter lot.

Last year, Lot 11 was pay-to-exit, but because a significant amount of people made attempts to escape without payment, this resulted in a lot of student conduct code processes. So a change was made to make it a pay as you enter lot, Tribe said.

"Mind you, there is no gate on it, but you put your money in the machine and it spits out a ticket, which you put on the dash of your car and that is how you park there," he said.

Security does parking enforcement everyday. If a car is parked where it is not supposed to be or a car is parked without a proper permit, it is issued a ticket enforced by the City of Kitchener.

Tribe believes the best case scenario would be selling an equal proportion of parking permits to the number of available spaces in a particular lot.

However, security is being cautious in making sure they don't oversell passes in any given lot.

"It is very frustrating if you have paid for parking and you can't park," he said. "It's also very frustrating to people if they are on a waiting list and they see spaces that aren't being sold. Somewhere in

that area there is a happy medium."

Tribe admits there are problems with the new system.

"The main problem that we are having at the moment is that the machine is not fast enough in dispensing the permit to park," he said. "We are ending up with a lineup down the road of cars."

He said a temporary solution to this problem is staffing Lot 11 every morning from 8 to 9 a.m. The person who staffs the lot takes the money and immediately hands the driver a permit to park and that helps alleviate the line. There are also thoughts of moving the machine to a better location.

Eventually there will be a "Lot is Full" sign in front of Lot 11. A final decision regarding this will not be made until decisions about moving the ticket dispenser are finalized.

Tribe said a cheaper alternative for students to daily parking and the meters would be purchasing a weekly parking pass, which can be used in either Lot 1 or 11.

"The daily parking rate is \$5 a day, but a weekly pass you can purchase for \$18, which saves you money," he said.

He said the best thing students can do to better the situation is by parking properly.

"Park where you have a permit to park," he said. "If you park some-

where where you have no permit to park, you may be stealing somebody else's parking privilege."

Tribe is determined to make parking at the college as simple as possible.

"It affects people's ability to get here and there on time," he said. "That is why we've taking measures to try to correct that."

Adam Fridenburg, a third-year management studies student, said the first week of parking in Lot 11 was as bad as he has ever seen at Conestoga.

"I think that first week was terrible," he said. "The lineup extended out to Conestoga Drive."

Despite the inconvenience, Fridenburg believes the change to the lot was justified.

"Last year the situation was one where people were jumping the curbs, following others out and breaking off the parking barrier," he said. "Something had to be done."

Fridenburg believes parking related matters are getting better.

"The staffed personnel in Lot 11 has drastically reduced waiting times," he said.

He is also optimistic that the situation will continue to improve.

"It definitely has a ways to go and I don't think it will ever be as convenient as last year, but I believe true progress can be made," he said.

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# College welcomes new chair

By TARA RICKER

Determination, motivation and compassion are what got Jane Douglas, Conestoga's new chair of health sciences and biotechnology, to where she is today.

Douglas, who joined the college on Aug. 29, said she is really looking forward to the excitement of her new role.

"There's a lot of growth still out there for the health sciences and biotechnology programs and I'm looking forward to being a part of that," she said.

The department of health sciences is in the process of developing a respiratory therapist and dietetic technician program. Both programs will launch in the fall of 2006.

"I think the potential for this area is almost endless and limitless," she said.

Douglas said challenge and change are what motivates her the most.

"I love being at the beginning of something and watching it grow,"

she said. "Assessing a need for something and making it happen, that's what motivates me."

Douglas is a registered nurse, has a bachelor of arts degree from the University of Waterloo and will soon complete her master of education degree at Brock University.

Douglas has more than 25 years' experience in health care and has taught in the registered practical nurse and registered nurse programs at Conestoga College.

Most recently Douglas worked with Sun Life Financial as a knowledge and learning consultant in Sun Life's capabilities and organizational development areas.

Douglas said she chose to pursue health care as a career because she has always loved working with people.

"I was always nursing something back to health so it wasn't a huge surprise to my family when I went into it," she said.

Douglas said her idea of success is achieving something that makes you happy and by helping others

along the way.

"Having a part in someone's growth and development, that's success to me," she said.

Her biggest success in life so far is having been blessed with so many opportunities which she could grow and develop thanks to the help of a lot of good people.

"I think my successes stemmed out of those people having faith in me and offering me those opportunities," she said. "My successes were being able to turn around and do that for others."

One of the many obstacles Douglas said she had to overcome to get to where she is today was money.

"Finances were very limited in my family so I knew that whatever I was going to do or achieve, I was going to have to do it myself."

Douglas believes having to get over that obstacle made her stronger.

"Things don't always come easy, but I think you appreciate them more when they don't come easy," she said.



(Photo by Meghan Kreller)

## Pool sharks in Sanctuary

Playing pool in the Sanctuary is a favourite pastime for some students at Conestoga. General arts and sciences students, Trevor McCoskey and Danielle Dyce, share a game Sept. 16.

## Women learn more about technology

By TIFFANY MCCORMICK

An opportunity for women to learn more about technology is offered by KW DigitalEve, an international, non-profit organization dedicated to women within the context of technology.

Operations director Anne Graham Ramsoomair says technology is not as well represented by women as it should be.

"A lot of women don't consider it (technology employment) as an option," Ramsoomair said. "They feel they can't do it."

KW DigitalEve, which stems from a program called Webgrrls, encompasses Kitchener-Waterloo, Guelph and Cambridge, also known as the Golden Triangle. Other DigitalEve programs are based in Toronto, Montreal, all over the United States as well as Europe.

According to their mission statement, KW DigitalEve's purpose is to move forward successfully and positively. The technology industry must also make significant efforts to integrate, at all levels and within all contexts, the active participation, the voices, and the guidance of women.

Program director Jacqueline Hutchinson says KW DigitalEve assists women in taking a more proactive approach to technology.

"We want the focus to be on technology," Hutchinson said.

Past projects, she said, were based on subjects such as leadership, emotional intelligence and project management but claimed those lost the technology focus.

"We were sharing the inner parts of being a woman," Hutchinson said. "We weren't learning anything about technology."

"They definitely got away from the scope of what DigitalEve is all about."

Both Ramsoomair and Hutchinson said this season's focus is going to be completely on the technology aspect.

With more than 100 regular community members involved in KW DigitalEve, Ramsoomair and Hutchinson both believe more programs should be created to help women in the field of technology, such as KW WIN (Women In Networking).

"This is a growing technology area," Ramsoomair said of Kitchener-Waterloo.

Employment opportunities that women of KW DigitalEve have secured are IT professionals, database managers, technical writing positions in software companies and self-employment within the Kitchener-Waterloo, Cambridge and Guelph areas.

Anyone interested in learning more about KW DigitalEve can visit their website at [www.kwdigiteve.com](http://www.kwdigiteve.com).

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# Student walks 60 km for breast cancer

By KRISTIN GRIFFERTY

Sweat, muscle pain, laughter and tears were all on display at the third annual Weekend to End Breast Cancer held in Toronto on Sept. 9.

The weekend itself, however, began months earlier when each of the 4,800 participants was asked to raise a minimum of \$2,000.

As one of these participants, I am here to tell you that the fundraising was the easy part.

After \$16 million was raised for the Princess Margaret Hospital Foundation to help aid in breast cancer research, I, along with my team, cleverly called "The Rack Pack" and my new family of fellow walkers, began our journey.

We began at Exhibition Place in Toronto on Saturday and ended at the National Trade Centre on Sunday.

I remember thinking to myself after the first hour, that this was going to be, and pardon my pun, a



(Photo by Kristin Grifferty)

Toronto's Weekend to End Breast Cancer had about 4,800 participants. Each participated in a 60-kilometre walk.

walk in the park.

As the day wore on, I realized that it was going to be much more. I talked to women and men who

were walking to help save friends and family, walking to save their children and walking to save themselves.

As a 60-kilometre walk rookie, I was there to help support everyone in between.

Breast cancer was the most frequently diagnosed cancer in Canadian women in 2005 and it has the second highest cancer death rate for Canadian females.

While more than 99 per cent of breast cancer patients are women, an estimated 150 men will be diagnosed with the deadly disease with approximately 45 of them dying from it.

These are all facts that I learned from talking with my fellow walkers. Some women and men were walking fact sheets, willing to tell me their story and how breast cancer affected them.

Others walked in silence, their stories told through the expressions on their faces and the tears in their eyes.

I kept all these facts in my head during each step. Ten kilometres turned into 15 kilometres, and then 15 kilometres slowly and painfully

became 20 kilometres.

My own steps began to slow as my blisters grew and my body began to ache in places I never knew existed.

But no matter how badly I wanted to quit, the thousands of volunteers and cheering people kept me walking with my head held high.

Besides the walkers, the volunteers and crew members were asked to raise more than \$500 each to show their support.

Everyday people came out of their homes with much-needed water and snacks and tearful, heartfelt thank yous.

Crew members and volunteer medical staff were stationed at pit stops to help with everything from blisters and back-rubs to outhouse patrol and food duty.

I began to rely on these people physically and emotionally when I thought my feet couldn't take another step.

Thirty-three kilometres brought all walkers to Downsview Park on Saturday, where I was finally given the chance to remove my shoes and survey the campgrounds where I would be staying, before finally assessing my feet.

A visit to the medical tent proved there is such a thing as a blister on a blister on a blister, and that a person would do anything for painkillers and a tube of Ben Gay.

While a hot meal and the chance to shower seemed like a perk, I limped past the massage and chiropractic tents and collapsed in my tent.

I fell asleep comforted, however, that the pain I was feeling was temporary and incomparable to those women who are suffering from breast cancer.

Day two of the walk is more of a blur, as I plodded along with my "family" and tried to ignore my aching body.

If possible, there were even more supporters out on the streets and on house porches, encouraging us that the end was near.

The medical tents at the pit stops now had huge lines and I walked past the rest stations, fearing that my body would give up if I dared stop moving.

The last 10 kilometres of the walk I completed in my flip flops, a decision that I made against the doctor's orders, but I was determined to finish.

I, along with 4,800 other men and women, entered the National Trade Centre grounds with thousands of cheering fans signaling that we had finally made it.

My family and friends were there with signs and flowers and much needed hugs.

As I sat on the cold concrete, getting my back massaged and looking around at the sea of pink around me, I knew that the aches I was experiencing were all worth it.

I looked at the breast cancer survivors and I felt an emotional high that I can only describe as indescribable.

I am a healthy 22-year-old woman and because of the journey I completed on that September weekend, I know one day I may not have to worry about those ugly two words: breast cancer.

Would I do it again? Do I recommend it to others? Come ask me when my blisters have healed.

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# College a viable community destination

By LEE EVANS

Some of the most important programs offered by Conestoga College aren't on campus. Spread throughout Waterloo Region are a variety of community agencies offering courses through the college to people who are just trying to get on with their life.

"We are the community part of the college," said Andrea Leis, department chair of the academic support and preparatory studies program.

Some of the programs co-ordinated by Leis's department help people get ready for employment, access academic upgrading for further job training or post-secondary education and help young adults connect with employers who have suitable jobs.

Leis explained that not all college students came on campus through the traditional channels, with a high school diploma.

Some students who eventually make their way to Conestoga dropped out of high school and need academic upgrading in preparation for further studies.

This upgrading program is offered at the Doon campus as well as the Cambridge, Guelph,

Stratford and Waterloo campuses.

Some people wanting to prepare for a better job or to re-enter the workforce after a long absence receive help through the employment training readiness program.

Here they can have their academic level assessed, develop a training plan, expand their knowledge of job opportunities and hone their job search skills with help from trained staff members. This program is offered at the Waterloo, Guelph and Cambridge campuses.

Focus for Change is a 12- to 16-week program offered to women 19 years of age and up, receiving Ontario Works benefits. In addition to getting help with computer literacy skills, assessing strengths and interests and developing a training plan, participants may also be eligible for assistance with transportation and child care subsidies.

Yet another program offered off-campus is Job Connect, for people ages 16 to 24 (up to 29 with a disability) who have difficulty finding and keeping employment. To qualify for the program, Leis said, they must be out of school, not employed and not currently enrolled in a training program.

Job Connect helps employers as well, by matching them up with pre-screened applicants. Some employers may also be eligible for a training subsidy. This program is funded provincially through the Ministry of Training, Colleges and Universities.

"I love my job," said Leis.

**(High school teachers)  
don't like to hear this, but  
we want them to start  
suggesting college as an  
option to their students,  
not just university."**

*Andrea Leis,  
department chair of the academic support and preparatory studies program*

She has to do the administrative work and prepare statistics for the various funding partners, but it's working with people and helping them "get on in life" that Leis said is "the warm fuzzy part of my job."

Leis was proud to present the participants' achievements at a meeting of the board of governors. At convocation ceremonies in June

2004, 61 graduates representing 23 programs entered college through the academic upgrading program. Three of those students won awards for outstanding achievements.

At the 2005 convocation ceremonies 54 students representing 23 programs at the college graduated. The highest numbers enrolled were in community services programs such as social services and police foundations. Two of those students won achievement awards.

Close to 4,000 clients were served through all six of the programs from April 2004 to May 2005.

New this year will be a series of forums held at the Doon campus by the School/College/Work Initiative Regional Planning Team. The goal of these daylong workshops is to link the college and five area school boards to promote the idea of college as a viable destination after high school.

High school teachers, department heads and principals are invited to come and take part in an information exchange to provide an overview of the programs offered by the college and a physical tour

of the departments involved.

High school teachers are often university educated, said Leis.

"They don't like to hear this, but we want them to start suggesting college as an option to their students," she said, "not just university."

The first forum will take place Oct. 19 at the Doon campus, focusing on science and engineering studies.

Leis will be on hand to educate participants about the many preparatory courses the college offers to students who might otherwise be overlooked for post-secondary education.

For more information on this event, contact the SCWI project co-ordinator Margo Jones at 519-699-5009, or Marion Kelly at 519-836-0132, ext. 3.

If you have a family member, relative or friend you think might benefit from any of the services mentioned, contact Sherri Tryon, manager of Job Connect and Perth Youth Link, 519-748-5220, ext. 3669.

If you need further information about academic upgrading, preparatory studies, or Focus for Change, contact Ruth Jensen at 519-748-5220, ext. 3671.

## Networking Opportunities at Career Fair

### What is Career Fair?

- ★ An opportunity for students and alumni to network with potential employers from Canada and the USA
- ★ An opportunity to investigate and research career options from diverse sectors
- ★ An event that helps you to obtain information from employers on:
  - Career Opportunities
  - Industry Trends
  - Industry Growth
  - Salary Expectations
  - Corporate Culture
  - Educational Requirements
  - Job Requirements
  - Skills and Qualifications



For more information, contact Co-op and Career Services in SCSB Room 220, Doon Campus, Shirley Doncyczk, sdoncyczk@conestogac.on.ca, 748-5220 ext. 3756

### Preparation:

- ★ Visit [www.partners4employment.ca](http://www.partners4employment.ca) for a list of participating organizations and employer profiles
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- ★ Dress and conduct yourself professionally
- ★ Exude enthusiasm and self confidence

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- ★ FREE transportation is available from both Doon and Guelph campuses
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- 2001 University Avenue East
- Waterloo, ON N2K 4K4
- (519) 884-5363



#### Doon Campus

To Career Fair	From Career Fair
9:30	12:00
10:30	12:00
11:30	2:00
1:30	3:00

#### Guelph Campus

To Career Fair	From Career Fair
9:30	2:00

# Pioneer village's 1914 Fall Fair still a hit in 2005

By DARRYL TAYLOR

Local residents got a chance to mingle with pioneers and marvel at the wonders of the 1914 Fall Fair at Doon Heritage Crossroads Sept 18.

The Fall Fair, held annually in the style of a rural fair in the early 1900s, included live period music, horse-drawn wagon rides, a traditional penny carnival and an exhibition giving participants a chance to show off their best canned and baked goods, produce, art, crafts, woodwork and floral arrangements.

"It's neat to go out and get the experience of a country fair from pioneer days," said Norm Willis of Waterloo, one of nearly 1,000 visitors at the event.

"This is the second time we've brought the family out to (Doon Heritage Crossroads)," he added, "and I think it's just a really unique and interesting place."

The festivities also included sheep dog demonstrations and tours of the traditional gardens.

Doon Heritage Crossroads, which originally opened under the name Doon Pioneer Village in 1957, is a "living history museum" dedicated to preserving Waterloo County's pioneer heritage by recreating a rural village in the year 1914.

The 60-acre village, at 10 Huron Rd., Kitchener, includes more than 20 historic buildings, filled with furniture and other artifacts from that time period, where costumed "interpreters" demonstrate life in Waterloo County as it was nearly a

century ago.

The museum, operated by the Region of Waterloo, is also home to the Waterloo Regional Curatorial Centre, which houses more than 30,000 artifacts owned by the Region. The centre is the main repository and preservation facility for the municipality's museum collections.

The Fall Fair is one of the largest annual events at Doon Heritage Crossroads, along with the museum's traditional Christmas and Canada Day celebrations.

The event's organizer and supervisor of programs, Wendy Connell, said this represents the significance of the autumn fair tradition to the early settlers of this area.

"The Fall Fair was very important, both as a social event and as a time to show off your best wares," she said. "It would have been one of the highlights of the year."

Connell said the Fall Fair would have been particularly popular with the women of the community, who took great pride in exhibiting their domestic skills in the Ladies Work category of the fair, which includes quilting, knitting, needlepoint, embroidery, rug hooking, cross-stitch and crochet, to name but a few.

"I've had people complain about that category, say that it's sexist," she said. "But that's a traditional category from the time period, and it still is in many of the rural fairs."

Keeping things traditional, Connell added, is critical to the success of the Fall Fair and the

entire living heritage experience.

"It's a tradition. People look forward to seeing the same thing every year," she said. "We tend to keep a lot of the same activities because that's what people like to come back for."

This philosophy seemed to be working well, if the tables piled high with exhibit entries and crowds of jubilant visitors were any indication.

The aim of the Fall Fair in those days, Connell said, was to entertain and astonish people of all ages, and that is still the object at Doon Heritage Crossroads.

"We're firm believers that every-

body should come here and get something out of it," she said. "It's something that can appeal to all ages and all classes."

In recent years, she said, Doon Heritage Crossroads has become steadily more popular with visitors from around the region. She attributes the appeal to the simple, rural atmosphere.

"This is a little bit of the country in the city," said Connell. "We can give people not only the 1914 experience, but also the rural experience. We're very proud of the fact that people can come here and see how a cow is milked and where

your food comes from.

"I think as time goes on and our society becomes more urban," she added, "that becomes more important and more unique."

One of the most important things about Doon Heritage Crossroads, Connell said, is that it gives area residents a better understanding of local heritage.

"Cultural facilities such as this are very important to the quality of life in any community," she said. "History is very important. If you don't know where you've come from, it's hard to know where you're going."



(Photo by Todd Rellinger)

## Fall-ing back

The lawn beside the recreation centre at Conestoga College is a sure sign that summer weather is almost over and fall is on its way. The Weather Network is forecasting normal temperatures for this fall.

## CONNEX

### Your voice, your experience, Conestoga's future! EMPLOYEE FOCUS GROUPS

You're invited to help us understand the gaps and create the opportunities as we develop the strategic plan for the growth and enhancement of services and systems that support student success and promote student satisfaction at Conestoga College.

Suggestions or input on services, student life opportunities and how to improve the student experience will be greatly welcomed.



#### Student Services (Counselling, Disability,

#### Peer, Learning Skills, Health Services)

Tuesday September 27	10:00 - 11:30 am.
Wednesday September 28	1:00 - 2:30 pm.

#### Program Co-ordinators

Monday October 17	3:30 - 5:00 p.m.
Tuesday October 18	3:30 - 5:00 p.m.

#### Co-Op, Career Services, Recreation Centre, Alumni Services

Monday September 26	10:00 - 11:30 a.m.
Tuesday September 27	1:00 - 2:30 pm.

#### Doon/Cambridge Faculty

Wednesday October 19	3:30 - 5:00 pm.
Thursday October 20	3:30 - 5:00 p.m.

#### Liaison, Publications, Financial Aid, CE Registration

Wednesday September 28	9:30 - 11:00 am.
Thursday September 29	10:30 - 12:00 pm.

#### Waterloo/Stratford Campuses , Waterloo Campus, Room D3 - All Staff

Monday October 3	3:30 - 5:00 p.m.
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#### Records, Admissions, Information Services

Wednesday October 5	10:30 a.m. - noon
Thursday October 6	1:30 - 3:00 pm.

#### Guelph Campus - All Staff - A8

Tuesday October 4	3:00 - 4:30 pm.
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#### Open to any Employee - Doon

Tuesday October 25	10:30 a.m. - 12:00 noon
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**ALL DOON FOCUS GROUPS WILL  
BE HELD IN ROOM 2E04**

Please contact Darcelle Watts ([dwatts@conestogac.on.ca](mailto:dwatts@conestogac.on.ca)) to register for a group today!

## Entertainment



## HOROSCOPE

Week of September 26, 2005



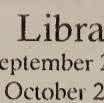
## Aries

March 21 - April 19



## Libra

September 23 - October 22

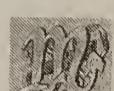


This week will be a time of careful observation. Be cautious not to drown others out with your opinion late in the week. It's sometimes a good idea to listen to others. Lucky day: 26th

Use your natural charms around the middle of the week, whether it be for a job interview, a date or to talk your way out of a speeding ticket. Smile, it's what you do best. Lucky day: 30th

## Taurus

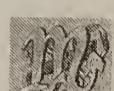
April 20 - May 20



Aren't you sick of being so dependable? This week, do something for yourself, even if it means putting someone out in a small way. Try something new. Lucky day: 27th

## Scorpio

October 23 - November 21



Jealousy is not an emotion you deal with well. Now is the time to look outward and approach those feelings of neglect. He or she may not have any reason for neglecting you. Lucky day: 1st

## Gemini

May 21 - June 21



Put down that telephone. You have things to do. Sort yourself out before the work really starts to pile up. Remember, your plate is only so big. Lucky day: 29th

## Sagittarius

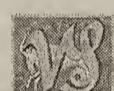
November 22 - December 21



Be careful what you say and how you say it around the middle of the week as tempers can flare and feelings can easily be hurt. Stop. Breathe. And think about it first. Lucky day: 29th

## Cancer

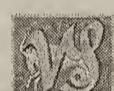
June 22 - July 22



Try to be patient around the start of the week as you reach a boiling point with a loved one. Remember, if you don't open up, he or she won't know what the problem is. Lucky day: 28th

## Capricorn

December 22 - January 19



Reach out for things that you want this week. Whether you want a new part-time job or a program more in line with what you want to be when "you grow up." Lucky day: 1st

## Leo

July 23 - August 22



Money may become tight by the weekend and as hard as it may seem, try not to go overboard with thrift spending. There is a bottom to your wallet and you'll be seeing it soon if you aren't careful. Lucky day: 27th

## Aquarius

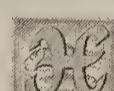
January 20 - February 18



Be ready for a surprise when someone from your past pops in to see how things are in your neck of the woods. Greet them with caution as they may come with hidden motives. Lucky day: 26th

## Virgo

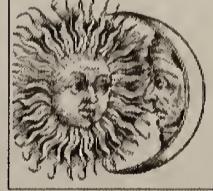
August 23 - September 22



Be wary of someone asking for a loan over the next few days. Think it through. Is this person going to pay you back? Is it worth it to say no? Weigh the consequences. Lucky day: 1st

Although it's nice to give the shirt off your back to someone in need remember that you may need just what you're giving away. Ask yourself if they would do the same. Lucky day: 27th

Brandon Walker is a second-year journalism student holding fate in the palm of his hand.



## Thornley would 'Come Again' after rocking college

By JON YANEFF

"Would you come again? Could you come again?"

This line from Thornley's hit single and album Come Again is a perfect quote when describing the band's performance after about 700 students packed the yellow parking lot at Conestoga College Sept. 15 to see the group and the opening act Hurst.

Conestoga Students Inc. (CSI) communications specialist Sam Egleston said it's the first time there's been an outdoor event of this extent.

"We've went all out with fencing, barriers and security at all ends of the parking lot," said Egleston.

He said Thornley was booked through an agency called the Agency Group that specializes in booking bands so it was easier to get them to come to the college.

The group has been touring since releasing their debut CD Come Again in May 2004. The band's lead vocalist and guitarist is Ian Thornley. Thornley was previously the front man of popular rock band Big Wreck. Ken Tizzard, formerly of the Watchmen, is on bass guitar and back-up vocals. Tavis Stanley is on guitars and back-up vocals and Sekou Lumumba is on drums.

Lumumba said the band has played at colleges and universities a few times each year since they've been together. They played at Mohawk College with Hurst Sept. 13.

"The energy is usually cool because people want to get away from class and have some fun," said Lumumba.

He added the school crowds are usually different from clubs.

"At clubs generally all the people there are your fans, but at schools it tends to be different because sometimes there's people who just come out since it's the event that's happening at the school," said Lumumba. "Sometimes you make new fans, but then sometimes if

people are just learning about you then they are just watching the concert as opposed to jumping around."

The band played songs from their CD as well as Big Wreck songs from Thornley's past including My Luck is Wasted and That Song.

Lumumba said he loves playing Big Wreck songs such as That Song.

"I feel bad for Ian because he's played it a million times, but it's a great tune," he said. "I bugged him one time and he told me what the song was actually written about and I was like, no way, you actually like that group. It's very surprising, but he swore me to secrecy (so he can't reveal the group's name)."

They also played songs from their album including So Far So Good, Come Again, Beautiful, All Comes Out in the Wash and Clever.

"Clever is a very dirty song and it has a nice dirge to it," said Lumumba. "It's one of my favourites on the record and it has a nice butt-kicking feel to it which makes it fun to play."

The band also played three new songs called Hard to See, Another Memory and Changes. They may have different names on upcoming records.

Lumumba said there is another tune that the band hasn't even done the lyrics for yet, but they are really happy with it and it could eventually be a single when it's all done.

He said often you write songs you think are great and might be singles, but then you submit them to the record company and they may choose something you didn't like as much as the other songs you wrote. Thornley's record label is 604 Records.

"We didn't choose All Comes Out in the Wash as a single," said Lumumba. "Radio stations just started playing it across Canada and in the U.S., so we just accepted it as a single."

"The record company has a radio

department, and generally what they do is they think what is on the radio right now, what's hitting and they listen to your tunes and based on them, they decide what should be the band's next single."

Lumumba said there is no release date yet for their upcoming album because they are only four songs so far.

"What usually happens is if your album consists of 12 to 15 songs then you'll write 20 to 24 songs because you can't write the requisite amount since they might not make it to the final product," he said. "Look for fast, crazy tunes from us on the way, it should be good."

Lumumba said some of the Big Wreck followers have crossed over and become Thornley fans.

"There's always Big Wreck fans that have been very faithful and follow Ian around," he said. "We're grateful because the Big Wreck fans could have said 'this isn't Big Wreck' and just as easily left our fan base."

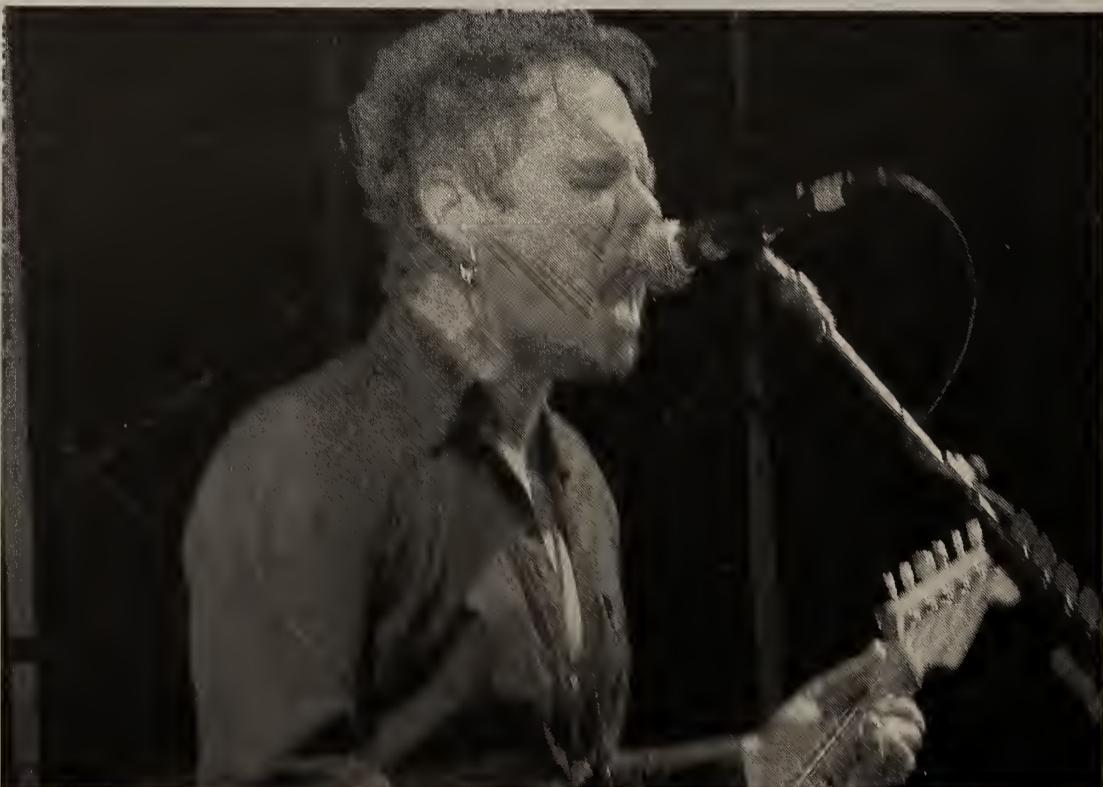
He said there are some differences between Big Wreck songs and Thornley tunes.

"Big Wreck tunes are written with more of a musical, no holds barred playing and Ian wrote what came from his heart," he said. "The Thornley songs, while they still come from Ian, they tend to be more crafted for radio."

Lumumba said every Big Wreck and Thornley song is based on Ian's experiences and they're really cryptic, so it's difficult for him to open up and discuss what his songs are about.

"There's certain people who think that a magician showing his tricks ruins the tricks, so that's kind of how Ian feels because certain people will get different interpretations that maybe weren't quite what was intended," he said.

Mumumba said after the Conestoga show that it went extremely well and Thornley would definitely "Come Again" if invited.



(Photo by Jon Yaneff)

# THORNLEY

SEPT. 15th CONESTOGA COLLEGE - WHAT A SHOW!

CONESTOGA  
STUDENTS INC



Conestoga Students Inc. would like to thank all the volunteers who helped with the "THORNLEY" concert on Sept. 15, 2005. The 1st annual Campus Music Explosion was a huge success, we hope to carry on this tradition of great music and campus life! A special thank you to those who made this event happen: MAHER ALBASEL, SAM EGLESTON, JANIE RENWICK, JUDY DUSICK, NICHOLE JIMINEZ, DOLLY PHAN, HILLARY GREB, JUSTIN FALCONER, LEANNE BIRD, DAN STIPOSEK, JON WOLF, MATT KNAPP, MARK ARUJO, CHRISTINE SMITH, DARIUSZ CZAJKOWSKI AND ALL OTHER VOLUNTEERS!



AUDITIONS THIS FRIDAY - SEPT. 30th  
ALL STUDENTS WELCOME!

CONESTOGA  
STUDENTS INC

PLEASE VISIT THE CSI OFFICE  
FOR SIGN-UP AND DETAILS  
ROOM 1B21

## CSI NEEDS YOU! WE NEED VOLUNTEERS TO PROVIDE INPUT **CSI SERVICES & ACTIVITIES COMMITTEES**

Provide input, suggestions  
and comments to the CSI  
General Manager on the services  
& activities offered by CSI.  
Monthly meetings - approx. 1 hr.  
**PLEASE CONTACT US!**

Judy - [jdusick@conestogac.on.ca](mailto:jdusick@conestogac.on.ca)  
Janie - [jrenwick@conestogac.on.ca](mailto:jrenwick@conestogac.on.ca)

CONESTOGA  
STUDENTS INC

# Sports

## Head-to-head: Will the Leafs take the Stanley Cup?

Keep waiting, Leafs fans!

Leafs have a great shot

"The Leafs will win the Stanley Cup next year."

This has become a common phrase used by Toronto Maple Leafs fans everywhere. However, since 1967, the Leafs and their fans have not been able to celebrate with Lord Stanley. And, unfortunately for constantly over-optimistic Toronto fans, "next year" will not be this year. "Next year," will in fact, not come any time soon.

Throughout the excessive off-season, the Maple Leafs have done nothing but take countless steps backwards and created a mere shadow of their former self.

Aside from the new Collective Bargaining Agreement (CBA) hurting teams who attempt to (unsuccessfully in this case) purchase the Cup every season, Toronto also lost many key players to the free agent market:

Two key free agents losses include the timeless Joe Nieuwendyk and Gary Roberts, a player who was quite possibly the heart and soul of the team. Both signed similar two-year contracts with the Florida Panthers. Although neither Roberts nor Nieuwendyk played a full 2003-'04 season, it is without question that both players were instrumental in leading the team on and off the ice.

After three seasons, Alexander Mogilny also left Toronto in favour of the New Jersey Devils, a team who he won the Stanley Cup with in 1999-2000 and could very well



Brent  
Gerhart

*Opinion*

contend, once again, when the playoffs arrive.

Brian Leetch, a 2003 trade deadline acquisition who was supposed to put Toronto over the top, is also no longer with the Leafs. After only playing 28 games (including playoffs) with the team, Leetch chose to sign with the Boston Bruins in August.

**"The Leafs do have the depth at certain positions, but lack in others."**

Following the loss of such high-profile players, the Leafs finally dipped into the free agent market by signing two of the biggest Band-aids in the NHL.

While Eric Lindros is a former Hart Trophy winner, he has never lived up to his initial hype as being "The Next One," and is known more for laying on the ice than playing on it.

Another Leafs free agent market splash was acquiring Jason Allison. Like Lindros, Allison has no shortage of offensive ability. But, due to

his serious neck injury that forced him to only play 26 games in 2003-'04 season, there is no telling how healthy the former Los Angeles King can remain over the 82 game schedule.

Although acquiring a gritty goal-scorer, Jeff O'Neill, formerly of the Carolina Hurricanes, will help replace Gary Roberts, an inconsistent, yet extremely talented Mariusz Czerkawski will have fans scratching their heads.

With Darcy Tucker and Nik Antropov leading the way on the depth chart at left wing, Leafs fans must hope head coach Pat Quinn tries out an exciting prospect such as Kyle Wellwood to improve the position's status.

Many teams have question marks going into the season and Toronto is one of them. The Leafs do have the depth at certain positions, but lack in others.

Can Antropov, Alexei Ponikarovsky and Carlo Colaiacovo finally develop into the players Leafs fans have always claimed they will be? This season will be crucial to their careers.

Without question Toronto will need all their key players, especially 40-year-old goaltender Ed Belfour, to stay healthy for relatively the entire season. If not, it will be a long year for the Leafs faithful.

Fans, once again, this is not "next year" and "next year" is still not going to come for a very long time.



Tim Gedcke

*Opinion*

After a winter away from NHL arenas, the Toronto Maple Leafs are back on the ice and ready to compete once again for the Stanley Cup.

Even though Stanley hasn't meandered through the streets of Toronto since 1967, the Leafs have tasted success during the reign of Pat Quinn as coach, and this year's squad should be no exception.

In Quinn's six years as coach, the Leafs have made the playoffs every year, and advanced to at least the conference semifinals five times.

Last regular season was the Leafs' most successful one in recent history. They finished with 103 points, second in the northeast division, just one point back of the first-place Boston Bruins.

The Leafs have made a number of valuable additions from that marvelous season, including the acquisitions of forwards Jason Allison and Eric Lindros and goalie Jean-sebastien Aubin.

Allison has averaged at least one point-per-game in every season since 1999-2000, while playing for the Bruins and the Kings.

Lindros has been a valuable commodity in the NHL since he came out of junior hockey in 1992. He

led the Philadelphia Flyers into the playoffs four times, before signing with the New York Rangers. Lindros has struggled with injuries in his career, especially with concussions, but remains a scoring threat if he stays healthy.

Ed Belfour is the number 1 goalie on this team, but should he succumb to injury, the Leaf's have a capable back-up in place. Aubin hasn't had the chance to play for a winning team in awhile, spending his time in the NHL with the Pittsburgh Penguins.

Another reason the Leafs will do well is the deficiencies that can be seen in other teams that made the playoffs last season.

The Ottawa Senators, coming off a fifth-place, 102-point season, are relying heavily on goaltender Dominic Hasek. Hasek has not played a full season with any NHL team since 2001-'02, and has struggled greatly with injuries in the past few years. The Detroit Red Wings took a chance with Hasek in 2003-'04 and only got 14 games out of him, due to a groin injury.

Another team that lost significant talent is the New Jersey Devils. Neither hard-hitting defenceman Scott Stevens nor their most reliable defenceman, Scott Neidermayer, will be with the team this year, leaving huge holes in the defence.

With Belfour, the Leafs have one of the finest goalies in the league, have a solid defence corps and will score their fair share of goals.

## Networking Opportunities at Career Fair

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- ★ An event that helps you to obtain information from employers on:
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  - Industry Trends
  - Industry Growth
  - Salary Expectations
- Corporate Culture
- Educational Requirements
- Job Requirements
- Skills and Qualifications

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- ★ Dress and conduct yourself professionally
- ★ Exude enthusiasm and self confidence

### How to get to Career Fair:

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2001 University Avenue East  
Waterloo, ON N2K 4K4  
(519) 884-5363



Doon Campus	
To Career Fair	From Career Fair
9:30	12:00
10:30	12:00
11:30	2:00
1:30	3:00

Guelph Campus	
To Career Fair	From Career Fair
9:30	2:00

# Varsity teams ready for season

By JON YANEFF

Conestoga College's varsity sports teams are all geared up and ready for another exciting season full of action.

The men's and women's soccer teams, the men's rugby team and the women's fastball team are underway with tryouts, practices and exhibition games already completed, while games are on the horizon.

The men's soccer team is coming off a season in which they missed the playoffs, but coach Geoff Johnstone, who has held that position for 34 years at the college, said he expects to make the playoffs this year.

"It's a realistic goal to get to the playoffs because we have 13 returning players, talented rookies and a solid core on defence," said Johnstone, who has won 26 Ontario Colleges Athletic Association (OCAA) medals as coach including six gold medals. "I'm really pleased with the work ethic of the team."

Third-year veteran Barry Rouke said the whole team would be disappointed if they didn't make the playoffs this season.

"We've had this core group together for a while so it would be disappointing if we don't step it up a notch," Rouke said.

Johnstone said the team is experienced on all fronts and believes they filled the major holes in the bench from last season.

"Our starting lineup is very strong, and if we can avoid injuries and suspensions while still putting a lot of emphasis on schooling, we will be extremely strong," he said. "If you're failing your classes you'll be on the sidelines come game time."

"We have a bunch of new, fast

He said the team's only weakness is his strikers are more natural midfielders.

The first game of the season was rained out against Sheridan College in Oakville. Its next home game is against Cambrian Oct. 1.

The women's soccer team didn't win a game last season with seven losses and one tie, but third-year coach Rebecca Miller said she expects more from this year's squad.

"I have strong expectations from the level of play I've seen and I'm really confident that we'll do really well," said Miller. "We have a lot more depth on all ends of the field this time out."

She said she's seen a high level of play from both the seven returning players as well as the rookies coming in, who are all going to add to the team's style of play.

"The team's touches, fitness and zest for the game all show that they enjoy playing soccer and are willing to learn," she said. "If we put everything together I think it will translate into a playoff berth, so I'll be very disappointed if we don't achieve our goal."

The team lost their first game of the season 5-0 against Sheridan in Oakville.

The women's soccer team's next home game is against Cambrian Oct. 1 at 3 p.m.

The men's rugby team finished last year with a 5-2 win-loss record, but stumbled at the OCAA championship, finishing fourth in the tournament.

Fourth-year coach Jeff Desruisseau said six of his eight returning players are starters so he believes the team has what it takes to make the playoffs once again.

"We have a bunch of new, fast



(Photo by Jon Yaneff)

Veteran outfielder Sarah Thomson gets ready to swing at a ball lobbed by volunteer Brittany Proud during a women's fastball practice Sept. 13 at the college.

players who are incredibly undersized, so we are a very small team," said Desruisseau. "We've got to play to our strengths by moving the ball and supporting it instead of crashing the ball up the field."

Desruisseau said his players are harder hitters and the defence is more solid than last season.

"We have all the tools, so now it's time to make the pieces fit together," said second-year veteran John Field.

The rugby squad lost their first game of the season 15-5 against Fleming College in Peterborough Sept. 17.

Desruisseau said if new players are interested in playing they can come out for practices Monday to Friday until Oct. 1.

The rugby team's next home

game is at Bill Struck field in Cambridge Oct. 1.

The women's fastball team is coming off a season where they didn't make the playoffs, but fourth-year coach Fawn Day said she expects if they work as a team it should be a fun season representing the college.

"There seems to be more commitment on the field," said Day. "As long as players try their best that's all you can ask for as a coach."

She said if the team focuses on pitching and catching then they should gel quickly.

"I think as the season goes on we're definitely going to see improvements on both sides of the field which could lead to our team goal of a .500 record," she said.

The two returning players, outfielder Sarah Thomson and pitcher/utility player Jen French, said they are optimistic with all the new players on the team.

"I think everyone is really improving since the first tryout which will lead to better communication as a team," said French.

"I think we're far better than last year," said Thomson. "We have to put it all together as one and utilize key situations."

Signs of improving were noticed in the teams' double-header Sept. 18 where they lost a nailbitter, 7-5, but then came out on top in the second game 8-2.

The fastball team plays at home against Seneca College Sept. 29 at 5:30 p.m.

## CONNEX

### Your voice, your experience, Conestoga's future!

We want to hear about your experience at Conestoga. Suggestions or input on services, student life opportunities and how to improve the student experience will be greatly welcomed.

You're invited to share your input, enjoy some FREE PIZZA and help shape the future of Conestoga College... don't miss your chance to participate in one of the following Student Focus Groups! Get involved!

Register in the Student Services office (2B04) while spaces last!

#### STUDENTS - DOON CAMPUS

Tuesday, October 4	11:30 a.m.-12:30 p.m. (first years)	Room 2E04
Wednesday, October 5	12:30-1:30 p.m. (first years)	Room 2E04
Thursday, October 6	11:30 a.m. - 12:30 p.m. (upper years)	Room 2E04
Tuesday, October 18	12:30-1:30 p.m. (upper years)	Room 2E04
Wednesday, October 19	11:30 a.m.-12:30 p.m. (upper years)	Room 3E01
Thursday, October 20	12:30-1:30 p.m. (upper years)	Room 3E01

#### WATERLOO CAMPUS

Wednesday, October 26	11:30 a.m. -12:30 p.m.	Room D3
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#### GUELPH CAMPUS - A19

Thursday, October 27	11:30 a.m. -12:30 p.m.	Room A19
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# CONESTOGA'S OKTOBERFEST



CONESTOGA  
STUDENTS INC



THURSDAY, OCTOBER 13TH

QUEEN'S POINT DREID

TICKETS \$10 IN ADVANCE

\$15 AT THE DOOR

DOORS OPEN AT 7PM

MUST BE 19+

TICKETS IN THE  
CSI OFFICE 1B21